



Kids' Domain Early Learning Centre Lunch Menu Cycle One

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Tea	Cinnamon Scroll, Fruit	Yoghurt, Fruit	Healthy Platter, Fruit	Cheese Scone, Fruit	Yoghurt, Fruit
Regular Lunch	Spaghetti Bolognese, Green Peas	Pizza Mixed Salad	Thai Chicken & Vege Curry Steamed Rice	Soup and Sandwiches	Fish & Chips Broccoli
Special Lunch	Spaghetti and Vege Sauce Green Peas	Vegetarian Pizza Mixed Salad	Thai Vegetable Curry Steamed Rice	Soup and Sandwiches	Fish & Chips Broccoli
Babies Lunch	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree
Afternoon Tea	Yoghurt, Fruit	Mixed Berry Muffin, Fruit	Afghan Biscuit, Fruit	Apple Slice, Fruit	Lemon Yoghurt Muffin, Fruit
WEEK 2					
Morning Tea	Yoghurt, Fruit	Healthy Platter, Fruit	Cheesy-mite Scrolls, Fruit	Healthy Platter, Fruit	Savoury Bread Cases, Fruit
Regular Lunch	Indian Vegetable Curry Steamed Rice	Rissoles Mash and Peas	Soup & Sandwiches	Chicken and Vegetable Stir Fry with noodles	Penne Pasta with Tomato Basil Sauce, Broccoli
Special Lunch	Indian Vegetable Curry Steamed Rice	Vegetarian Rissoles Mash and Peas	Soup & Sandwiches	Vegetable Stir Fry with noodles	Penne Pasta with Tomato Basil Sauce, Broccoli
Babies Lunch	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree
Afternoon Tea	Shortbread Cookies, Fruit	Sour Cream Lemon Slice, Fruit	Carrot Muffin, Fruit	Banana Bread, Fruit	Apple Muffin, Fruit
WEEK 3					
Morning Tea	Cheese Scone, Fruit	Vegetarian Sausage Roll, Fruit	Healthy Platter, Fruit	Yoghurt, Fruit	Healthy Platter, Fruit
Regular Lunch	Soup and Sandwiches	Butter Chicken Green Beans	Fish & Chips Salad	Mac N Cheese Broccoli	Beef Nachos Grated Carrot Salad
Special Lunch	Soup and Sandwiches	Butter Paneer Green Beans	Fish & Chips Salad	Mac N Cheese Broccoli	Vegetarian Nachos Grated Carrot Salad
Babies Lunch	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree
Afternoon Tea	Carrot Slice, Fruit	Yoghurt, Fruit	Rice pop Slice, Fruit	Raspberry Muffin, Fruit	Weetbix Choc Slice, Fruit
WEEK 4					
Morning Tea	Healthy Platter, Fruit	Yoghurt, Fruit	Healthy Platter, Fruit	Cheese Scone, Fruit	Berry Muffin, Fruit
Regular Lunch	Chicken Burritos with grated vege salad	Raj Mah Chawae (Red Bean Curry) with Steamed Rice	Pizza Coleslaw	Beef Lasagne Mixed Vegetables	Soup and Sandwiches
Special Lunch	Vegetarian Burritos with grated vege salad	Raj Mah Chawae (Red Bean Curry) with Steamed Rice	Vegetarian Pizza Coleslaw	Vegetarian Lasagne Mixed Vegetables	Soup and Sandwiches
Babies Lunch	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree	Meat, Vege, Fruit Puree
Afternoon Tea	Anzac Biscuit, Fruit	Lemon and Chia Muffin, Fruit	Yoghurt, Fruit	Chocolate Muffin, Fruit	Apple Slice, Fruit